

OFFICE PRE-PROCEDURE INSTRUCTIONS

Neurology & Pain Management

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PLANNING FOR YOUR PROCEDURE

- The day before your procedure, you will receive a call from our team to confirm your arrival time and address along with answering any questions you might have.
- Please make sure you eat and drink the day of the procedure (you will not be receiving sedation)
- Plan to arrive 30 min before your procedure to account for time needed to confirm your medications, obtain your vital signs, and sign the consent form.
- You may drive after the procedure; however, some patients prefer to arrange for a ride. This will depend on the type of procedure you are having.
- Please limit makeup and nail polish on the day of procedure.
- Do not take any pain medications the day of the procedure.
- Do not take any NSAIDs (ibuprofen, Advil, Motrin, Aleve, Voltaren, Mobic) for 2 days prior to your procedure.

HELP US TO PERFORM YOUR PROCEDURE IN THE SAFEST WAY POSSIBLE. PLEASE LET US KNOW IF ANY OF THE FOLLOWING APPLIES TO YOU:

- I take a blood thinner such as clopidogrel (Plavix), enoxaparin (Lovenox), warfarin (Coumadin), rivaroxaban (Xarelto), dabigatran (Pradaxa), apixaban (Eliquis)
- I see a cardiologist (heart doctor) or pulmonologist (lung doctor) regularly
- I have allergies to lidocaine, steroids, or other medications
- I have a history of fainting in the setting of needles, low blood sugar, or other.